rossmax

DOWNLOAD FOR FREE ROSSMAX HEALTHSTYLE APPLICATION

Real Time Health Data Always With You

X5 BT "PARR"
BLOOD PRESSURE MONITOR

SB210 "ACT"
PULSE OXIMETER

LS212-B (WF262)
BODY FAT SCALE

HS200 BT
BLOOD GLUCOSE METER

HC700 BT
TELEPHOTO THERMOMETER

GDPMD MED CERT CERTIFIED
MDA Lesen No. MDA-0848-WDP120

MCMC
HIDF19000057

HEALTHSTYLE APP

Please consult your healthcare professional for the interpretation of result and diagnosis. | Registered under Act 737

Steps to Download The Rossmax Healthstyle Application & Blood Pressure Intake Guide

1

Download **"Rossmax Healthstyle Apps"**
in the Google Play Store (Android) / App Store (IOS) into your smartphone.

HEALTHSTYLE APP

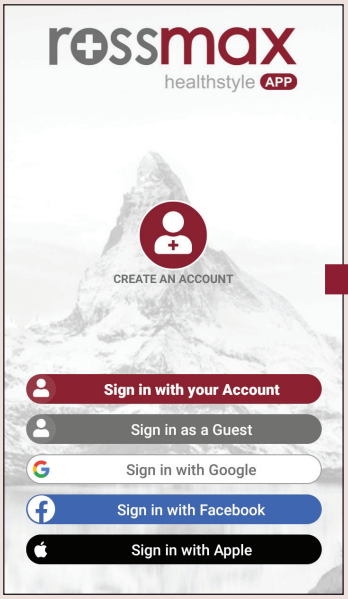
GET IT ON Google Play

Download on the App Store

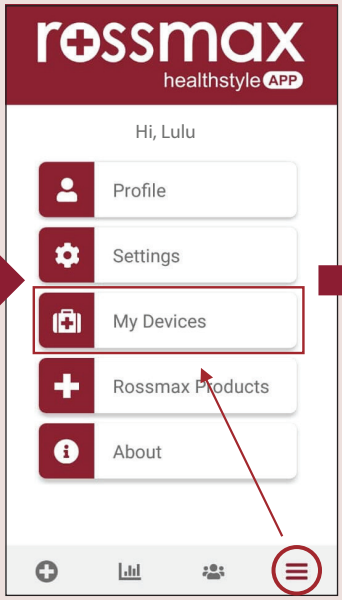
2

First time user sign -in and device pairing method.
Enable **Bluetooth** on smartphones / tablets.

Step 1 :
Sign in for first time user.



Step 2 :
Click on "Menu" and select "My Device" to pair your device model.



Step 3 :
Click on the X5 BT model and pair the device.

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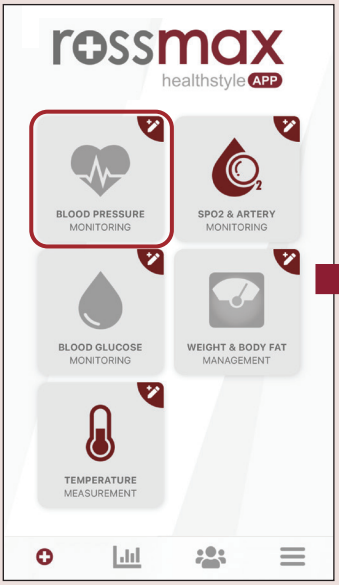
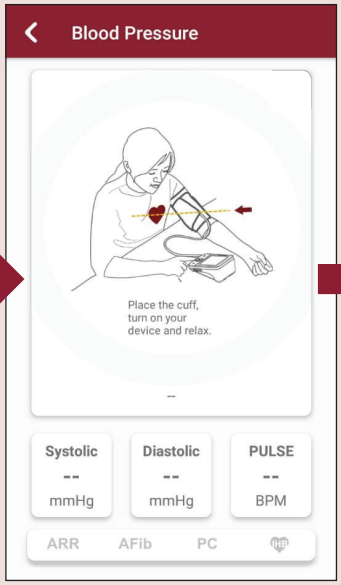
3 How to take blood pressure readings automatically with the X5 BT device.

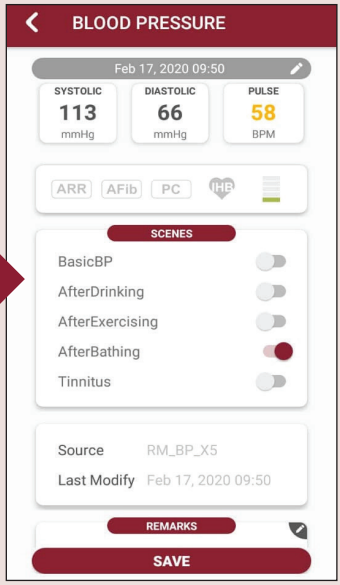
Step 1 :
Click on the "blood pressure monitoring" icon



Step 2 :
Readings will be taken automatically

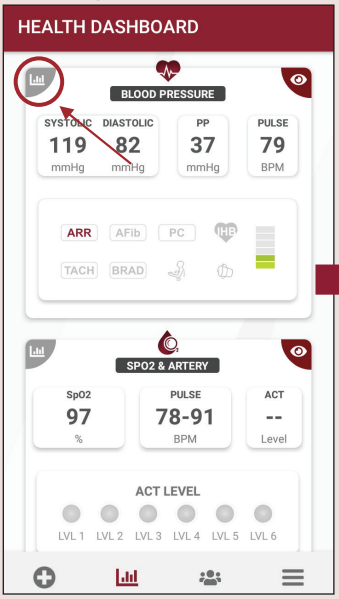


Step 3 :
The reading record will be displayed after completed the measurement

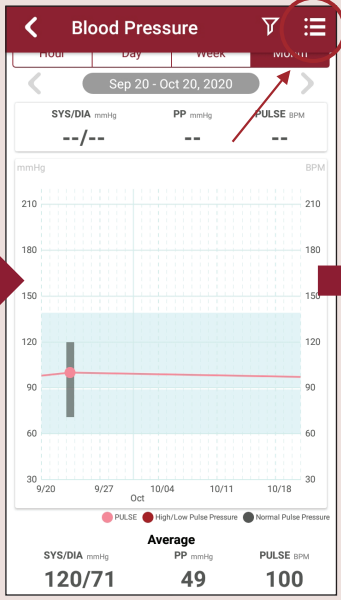


4 How to review blood pressure reading records.

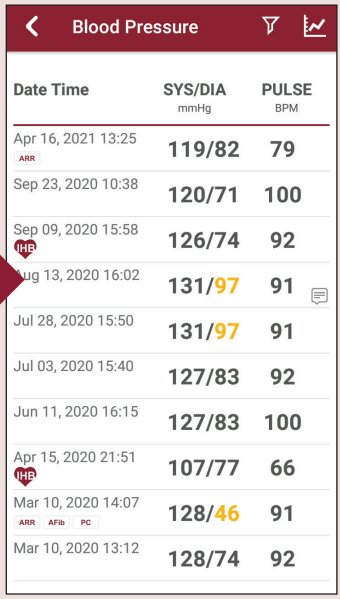
Step 1 :
Click on the graph icon.



Step 2 : Readings are recorded in the graph format. Click on the icon to view all the reading records.



Step 3 :
All reading records are displayed.



How to Record Blood Pressure Reading Manually

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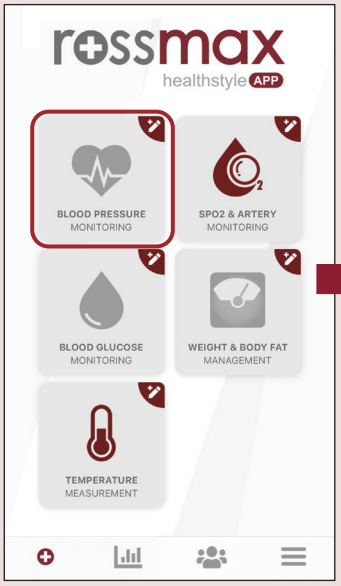
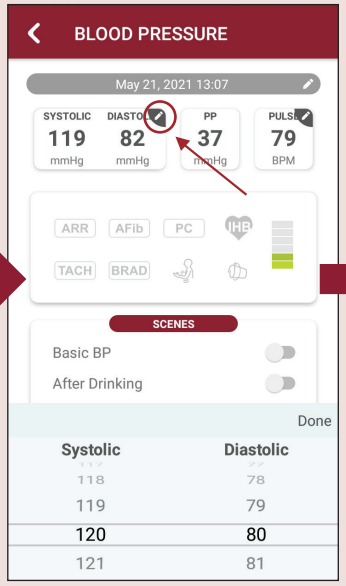
1 How to save blood pressure data records manually.

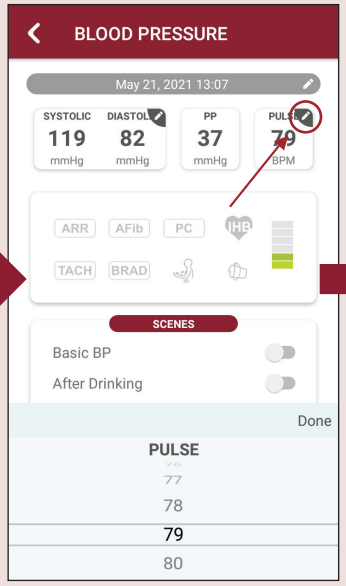
Step 1 :
Click on the icon to enter the data manually.



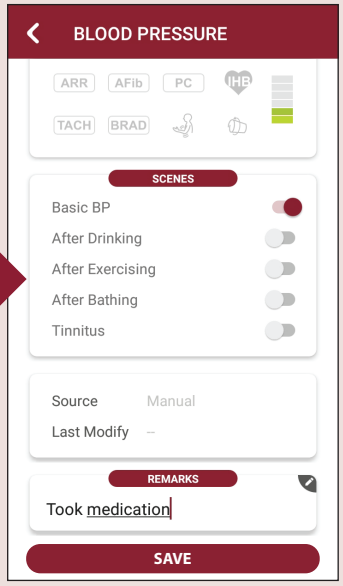
Step 2 :
Click on the icon to enter Systolic and Diastolic reading data.



Step 3 :
Click on the icon to enter the pulse rate reading data.

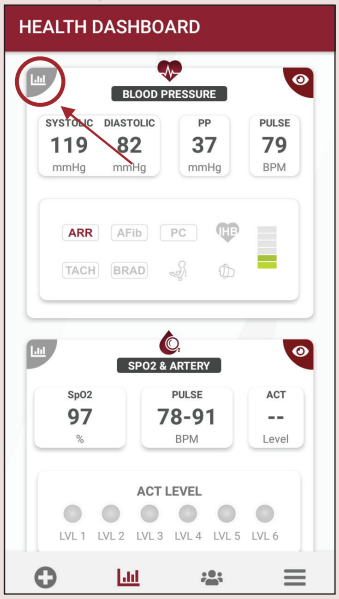


Step 4 :
Select a "scene" and fill in the "remarks" section. Then click "save" to save your data manually.

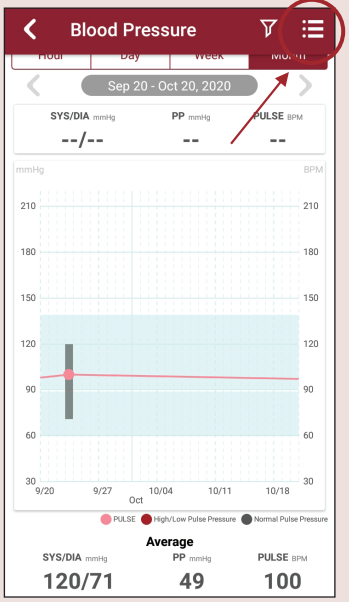
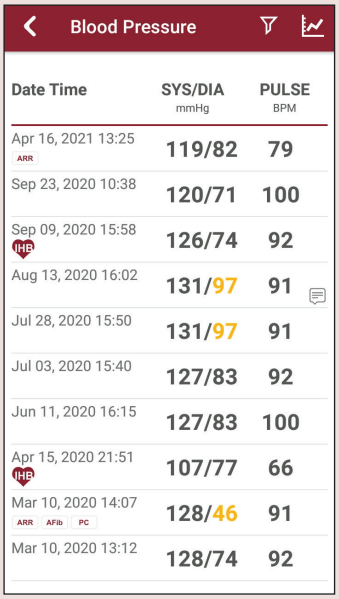


2 How to review blood pressure reading records.

Step 1 :
Click on the graph icon.



Step 2 : Readings are recorded in the graph format. Click on the icon to view all the reading records.



Step 3 :
All reading records are displayed.